



Sports Pool Lap Lane Schedule Spring 2021

This schedule is subject to change without notification.

This schedule only lists times when the lanes are limited due to programs - all lanes are available during time frames that are not listed.

If a block is left empty (white), the lane is open

The colored blocks indicate the lanes reserved for scheduled programs

Lap swimmers and swim lessons must clear lanes reserved for programs five minutes prior to the start of a class

Reservations for 55 minutes are needed from 6 am until 8 pm each day. Please use the Aquatics Reservation system

Lane numbers go from 1 being closest Club and 10 being closest to Arbor Grill

Anyone not showing up by 15 minutes of the start of their reservation forfeits their lane and a walk-in may use it

Time/Day

Monday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
6:00-6:55 a.m.		SwimFit								
9:00 - 9:55 a.m.	SwimFit									
10:00-11:00 a.m.							Water Fitness			
4:00 - 5:55 p.m.						Swim Team				

Time/Day

Tuesday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
6:00-6:55 a.m.		SwimFit								
9:00 - 9:55 a.m.	SwimFit									
4:00 - 5:55 p.m.						Swim Team				

Time/Day

Wednesday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
10:00-11:00 a.m.							Water Fitness			
12:00 - 1:00 p.m.		SwimFit								
4:00 - 5:55 p.m.						Swim Team				

Time/Day

Thursday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
6:00-6:55 a.m.		SwimFit								
9:00 - 9:55 a.m.	SwimFit									
4:00 - 5:55 p.m.						Swim Team				

Time/Day

Friday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
9:00 - 9:55 a.m.	SwimFit									
10:00-11:00 a.m.							Water Fitness			
12:00 - 1:00 p.m.	SwimFit									
4:30 - 5:30 p.m.						Swim Team				

Time/Day

Saturday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
8:00-8:55 a.m.							Water Fitness			
9:00-9:55 a.m.	SwimFit									

Time/Day

Sunday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
9:00 - 9:55 a.m.		SwimFit								

For more information on The Houstonian's Aquatics Programs, call (713) 685-6709